Members of Congress, the Michigan Legislature, and County Boards of Commissioners are elected to be the spokespersons of their constituents. Michigan Citizens must play an important role in the lawmaking process by informing their elected officials of their opinions on issues. There are four main ways to communicate with your elected officials:

<table>
<thead>
<tr>
<th>More Impactful</th>
<th>Less Impactful</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>By Visit</strong></td>
<td><strong>By Email</strong></td>
</tr>
<tr>
<td>Legislators are eager to meet their constituents and will try to accommodate your request for a personal meeting. Please make an appointment in advance, and understand if the legislator is called away for an unscheduled committee meeting or session. You may meet with a staff member who will be welcoming and attentive to your concerns. Legislators also meet with their constituents at coffee hours or town hall meetings in their districts.</td>
<td></td>
</tr>
<tr>
<td><strong>By Phone</strong></td>
<td><strong>By Letter</strong></td>
</tr>
<tr>
<td>A phone call is a quick and easy way to contact your legislator. Direct phone numbers are provided in the pages that follow. You may also contact the state Capitol switchboard and they will direct your call.</td>
<td></td>
</tr>
<tr>
<td>Include your full name and address so staff can confirm you are a constituent and provide a response.</td>
<td></td>
</tr>
</tbody>
</table>

For MI State Legislators address letters as indicated below:

- The Honorable (Full Name) State Senator
- State Capitol
- P.O. Box 30036
- Lansing, MI 48909-7536

- The Honorable (Full Name) State Representative
- State Capitol
- P.O. Box 30014
- Lansing, MI 48909-7514

**Senators**: (517) 373-2400
**Representatives**: (517) 373-0135
### U.S. Delegation

#### United States Senior Senator

<table>
<thead>
<tr>
<th>United States Senior Senator</th>
<th>Sen. Debbie Stabenow (D)</th>
<th>731 Hart Senate Office Building</th>
<th>Washington, DC 20510</th>
<th>Phone: (202) 224-4822</th>
</tr>
</thead>
</table>

#### United States Senator

<table>
<thead>
<tr>
<th>United States Senator</th>
<th>Sen. Gary Peters (D)</th>
<th>724 Hart Senate Office Building</th>
<th>Washington, DC 20510</th>
<th>Phone: (202) 224-6221</th>
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#### United States Representative 8th District

<table>
<thead>
<tr>
<th>United States Representative 8th District</th>
<th>Rep. Elissa Slotkin (D)</th>
<th>1531 Longworth House Office Building</th>
<th>Washington, DC 20515</th>
<th>Phone: (202) 225-4872</th>
</tr>
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</table>

#### United States Representative 9th District

<table>
<thead>
<tr>
<th>United States Representative 9th District</th>
<th>Rep. Andy Levin (D)</th>
<th>228 Cannon House Office Building</th>
<th>Washington, DC 20515</th>
<th>Phone: (202) 225-4961</th>
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</table>

#### United States Representative 11th District

<table>
<thead>
<tr>
<th>United States Representative 11th District</th>
<th>Rep. Haley Stevens (D)</th>
<th>227 Cannon House Office Building</th>
<th>Washington, DC 20515</th>
<th>Phone: (202) 225-8171</th>
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</table>

#### United States Representative 14th District

<table>
<thead>
<tr>
<th>United States Representative 14th District</th>
<th>Rep. Brenda Lawrence (D)</th>
<th>2463 Rayburn House Office Building</th>
<th>Washington, DC 20515</th>
<th>(202) 225-5802</th>
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</table>

### Michigan Senate

#### Senate District 11

<table>
<thead>
<tr>
<th>Senate District 11</th>
<th>Sen. Jeremy Moss (D)</th>
<th>6400 Binsfeld Bldg.</th>
<th>(517) 373-7888</th>
<th><a href="mailto:senjmoss@senate.michigan.gov">senjmoss@senate.michigan.gov</a></th>
<th>Term: 1 of 2</th>
</tr>
</thead>
</table>

#### Senate District 12

<table>
<thead>
<tr>
<th>Senate District 12</th>
<th>Sen. Rosemary Bayer (D)</th>
<th>3600 Binsfeld Bldg.</th>
<th>(517) 373-2417</th>
<th><a href="mailto:senrbayer@senate.michigan.gov">senrbayer@senate.michigan.gov</a></th>
<th>Term: 1 of 2</th>
</tr>
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</table>

#### Senate District 13

<table>
<thead>
<tr>
<th>Senate District 13</th>
<th>Sen. Mallory Mc Morrow (D)</th>
<th>6200 Binsfeld Bldg.</th>
<th>(517) 373-2523</th>
<th><a href="mailto:senmmcmorrow@senate.michigan.gov">senmmcmorrow@senate.michigan.gov</a></th>
<th>Term: 1 of 2</th>
</tr>
</thead>
</table>

#### Senate District 14

<table>
<thead>
<tr>
<th>Senate District 14</th>
<th>Sen. Ruth Johnson (R)</th>
<th>7300 Binsfeld Bldg.</th>
<th>(517) 373-1636</th>
<th><a href="mailto:senrjohnson@senate.michigan.gov">senrjohnson@senate.michigan.gov</a></th>
<th>Term: 1 of 2</th>
</tr>
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</table>

#### Senate District 15

<table>
<thead>
<tr>
<th>Senate District 15</th>
<th>Sen. Jim Runestad (R)</th>
<th>7500 Binsfield Bldg.</th>
<th>(517) 373-1758</th>
<th>senjrune <a href="mailto:stad@senate.michigan.gov">stad@senate.michigan.gov</a></th>
<th>Term: 1 of 2</th>
</tr>
</thead>
</table>

### Need to find your district?

**Online:** Visit the websites below to find your legislators.
- Michigan Senate: [www.senate.michigan.gov/fysbyaddress.html](http://www.senate.michigan.gov/fysbyaddress.html)

**By phone:** Contact the Oakland County Clerk’s office at 248-858-0581.
<table>
<thead>
<tr>
<th>House District 26</th>
<th>House District 27</th>
</tr>
</thead>
</table>
| Rep. Jim Ellison (D)  
790 Anderson Bldg.  
(517) 373-3818  
JimEllison@house.mi.gov  
Term: 2 of 3 | Rep. Robert Wittenberg (D)  
791 Anderson Bldg.  
(517) 373-0478  
robertwittenberg@house.mi.gov  
Term: 3 of 3 |
| Rep. Brenda Carter (D)  
793 Anderson Bldg.  
(517) 373-0475  
BrendaCarter@house.mi.gov  
Term: 1 of 3 | Rep. Kyra Bolden (D)  
799 Anderson Bldg.  
(517) 373-1788  
KyraBolden@house.mi.gov  
Term: 1 of 3 |
| Rep. Christine Greig (D)  
167 Capitol Bldg.  
(517) 373-1793  
christinegreig@house.mi.gov  
Term: 3 of 3 | Rep. Kathy Crawford (R)  
887 Anderson Bldg.  
(517) 373-0827  
kathycrawford@house.mi.gov  
Term: 3 of 3 |
| Rep. Ryan Berman (R)  
888 Anderson Bldg.  
(517) 373-1799  
RyanBerman@house.mi.gov  
Term: 1 of 3 | Rep. Mari Manoogian (D)  
889 Anderson Bldg.  
(517) 373-8670  
MariManoogian@house.mi.gov  
Term: 1 of 3 |
| Rep. Padma Kuppa (D)  
890 Anderson Bldg.  
(517) 373-01783  
PadmaKuppa@house.mi.gov  
Term: 1 of 3 | Rep. Andrea Schroeder (R)  
892 Anderson Bldg.  
(517) 373-0615  
AndreaSchroeder@house.mi.gov  
Term: 1 of 3 |
| Rep. Matt Maddock (R)  
893 Anderson Bldg.  
(517) 373-2616  
MattMaddock@house.mi.gov  
Term: 1 of 3 | Rep. Michael Webber (R)  
894 Anderson Bldg.  
(517) 373-1773  
michaelwebber@house.mi.gov  
Term: 3 of 3 |
| Rep. John Reilly (R)  
895 Anderson Bldg.  
(517) 373-1798  
JohnReilly@house.mi.gov  
Term: 2 of 3 | Rep. Mike Mueller (R)  
985 Anderson Bldg.  
(517) 373-1780  
MikeMueller@house.mi.gov  
Term: 1 of 3 |
Oakland County Board of Commissioners

1200 North Telegraph Road
County Service Center, Building 12 East
Pontiac, Michigan, USA, 48341
Phone: (248) 858-0100

District 1: Michael Gingell gingellm@oakgov.com (Orion Township, Village of Orion, City of Lake Angelus, Portions of Auburn Hills and Independence Township)
District 2: Bob Hoffman hoffm2521@comcast.net (Village of Holly, townships of Groveland, Highland, Holly, Springfield and Rose)
District 3: Michael Spisz spiszm@oakgov.com (Townships of Addison, Brandon, Oakland, and Oxford, Villages of Ortonville, Leonard, and Oxford)
District 4: Tom Middleton middletont@oakgov.com (Independence Township, the City of the Village of Clarkston, and a northwest portion of Waterford Township)
District 5: Kristen Nelson (Keego Harbor, Village of Orchard Lake, Sylvan Lake with a portion of Waterford Township and West Bloomfield Township)
District 6: Eileen Kowall kowalle@oakgov.com (White Lake Township and a portion of Waterford)
District 7: Christine Long longc@oakgov.com (Commerce Township, West Bloomfield Township, Walled Lake & the Village of Wolverine Lake)
District 8: Phil Weipert weipertpj@oakgov.com (cities of South Lyon and Wixom, and the Village of Wixom. He also represents the Charter Township of Lyon and Milford Township)
District 9: Gwen Markham (Cities of Novi, Northville and the Township of Novi)
District 10: Angela Powell powellan@oakgov.com (Pontiac)
District 11: Thomas Kuhn tekuhn@aol.com (southern portion of Rochester Hills and a northern portion of Troy with a portion of Auburn Hills)
District 12: Shelley Goodman Taub shellytaub@comcast.net (Bloomfield Township, Bloomfield Hills and Birmingham)
District 13: Marcia Gershenson gershensonm@oakgov.com (West Bloomfield Township, Bloomfield Township and the City of Farmington Hills)
District 14: William Miller millerw@oakgov.com (City of Farmington Hills, Farmington, Southfield Township, the Villages of Beverly Hills, Bingham Farms and Franklin.)
District 15: Adam Kochenderfer akcommissioner@gmail.com (City of Rochester and a large portion of the City of Rochester Hills)
District 16: Penny Luebs pennycpl@aol.com (Cities of Troy and Clawson)
District 17: Nancy Quarles quarlesn@oakgov.com (City of Southfield, Lathrup Village and Oak Park)
District 18: Helaine Zack zackh@oakgov.com (Ferndale, Hazel Park, Huntington Woods, Oak Park and the Charter Township of Royal Oak)
District 19: Dave Woodward woodwardd@oakgov.com (City of Berkley and Royal Oak)
District 20: Gary McGillivray mcgillivaryg@oakgov.com (City of Madison Heights, Pleasant Ridge, Troy and Royal Oak.)
District 21: Janet Jackson janetjacksoncc@yahoo.com (Includes the City of Southfield and the City of Farmington Hills)